



de Stolfe Journal *Candid*

Early August to Mid September 2013

Issue 2.8

The biggest activity of this period was visiting Florida. Specifically, going to Jacksonville in northeast Florida. Here's some of the typical Spanish Moss found in the Live Oak trees of the area.



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<http://www.facebook.com/rg.destolfe>



<http://myworld.ebay.com/cowbovrg>



<http://pinterest.com/cowbovrg>

The Change of Seasons, The Change of Life



RG de Stolfe

Well, here we are at the end of summer. I finally got to do some traveling of sorts this summer. In July, I went to Lubbock to teach my class for the Summer Youth Classes, as reported in the last issue. In late August, I flew to Florida for two weeks to see mom and help with some things. Now that I'm back from there, I don't have any scheduled plans to go anywhere else at this point.

As some of you know, I have had quite a challenging past few years. No... the real truth is that it's been a very crappy few years! There is an expression floating around over the decades that states something like that money is the root of all evil. I certainly can understand that with those people who use money as a means of extortion and blackmail to get what they want and steamroll other people. However, I have found the opposite to be just as true! The lack of money seems to cause far worse destruction than having too much money!

In an integral effort to be truthful and transparent to myself and other people, I have the following to say. In early 2010, I found myself to be without a job that I had for nearly 4 years

(NOT economy related). A few months later, I did get another job that I had for about a year. Shortly after that job ended, I started my own business called Top Hand Graphics. This business was and is never meant to be a means of financial support but rather a freelance means for additional finances. During that year of work, I moved from my apartment to a duplex, which was great, much more space for only slightly more rent. However, after extended time of not being able to pay all my bills from a lack of a proper job, I cashed in the whole of my retirement I accumulated from the late 2000s job, but not without penalties and taxes, of course. Well, that helped for a short time and even despite a small part time job with a previous company I worked for several years earlier, I was sinking further and further into financial crap. That required an extensive change before hitting a destructive break point. That was the entire basis of living in Colorado Springs. Since I would be living with dad, that removed 75% of my financial burden of rent, utilities, renter's insurance, and other rental related expenses. While I did have some freelance

work of construction last summer, that work abruptly ended in late August 2012 with zero explanation. Since then, I really have not worked much at all, and likewise much less stress level too. The only money I did get was from eBay sales, craft sales, writings, some commission work for a company here in the Springs, and other misc sources. Now what that has caused is another lack of enough finances which threatened what few bills I still had left, like my truck expenses and phone. I soon found myself at another destructive break point. However, this break point actually happened with no way to thwart it. The longstanding, inevitable threat finally happened in early July. At this point, I have nearly no expenses, but no real income either and zero resources for the present nor the future. If anyone can be angry and pissed off, I certainly can understand why! For me, it take every bit of strength to keep from lashing out in hot anger for how my life has become so externally destructive! While a few people thought some of my previous writings in this section were sharp, that's because it's exactly how I felt, and I will not gloss over the truth!



The Names of God

Jehovah-Jireh	The Lord provides a sacrifice	Genesis 22:13
Jehovah-Rapha	"I am the Lord who heals you"	Exodus 15:26
Jehovah-Shammah	"The Lord Is There"	Ezekiel 48:35
Jehovah-Shalom	"The-Lord-Is-Peace"	Judges 6:24
Jehovah-Nissi	"The-Lord-Is-My-Banner"	Exodus 17:8, 15
Jehovah-Raah	"The Lord is my Shepherd"	Psalms 23:1
Jehovah-Tsidkenu	"The Lord Our Righteousness"	Jeremiah 23:6

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Trip to Florida

From very late August through early September, I went to Florida for two weeks. I was last in Florida almost exactly two years ago. Specifically to Jacksonville, I went to see Mom and do some painting of the front porch, which is enclosed and all brick. Two years ago, I repainted the kitchen. While there, I also got to see my aunt and uncle at their lake house in Central Florida. Overall, it was a good time, just maybe not again in late summer when it was so hot and especially humid!

El Rio Del Verde

In mid September, areas of Colorado got more rain in a matter of a few days than is usually expected during an entire year! While I don't know the exact numbers, I do know that the fires of 2012 and 2013 created areas that are hydrophobic. Now if you go way back to your Latin and Greek roots you learned in high school, hydro means water in Greek and phobic essentially means resistant. So the burned areas are resistant to water and don't soak in like normal but instead run off. You can see that you don't need much water running off the slopes of burned hills and mountains to create very big problems in valleys and at lower elevations. At the house, we received heavy and moderately steady rains on September 15, 2013 that temporarily created a stream of water in the street several inches deep! Later, the water ran off and the street was clear again.

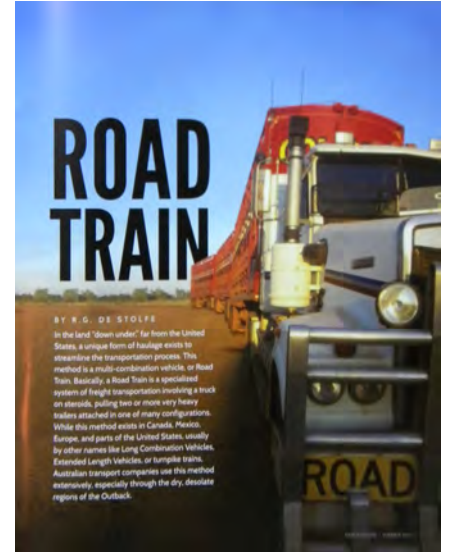


Labor Day

My Labor Day this year was quiet and just busy painting Mom's front porch. (That's all I have to say about the holiday.)

New Article Published

As I stated in the last issue, I wrote and submitted another article to the Ranch Record magazine. The magazine arrived in the mail in early September. To my amazement, the article is again four pages and positioned near the front! I very much feel honored to be included with other veteran writers included in this great magazine!



Photos of pages they as appeared in the Ranch Record, Summer 2013 issue, by the Ranching Heritage Association.



Colossians 3: 23-24

23 Whatever may be your task, work at it heartily (from the soul), as [something done] for the Lord and not for men,
 24 Knowing [with all certainty] that it is from the Lord [and not from men] that you will receive the inheritance which is your [real] reward. [The One Whom] you are actually serving [is] the Lord Christ (the Messiah).

Additional Flowers from Garden



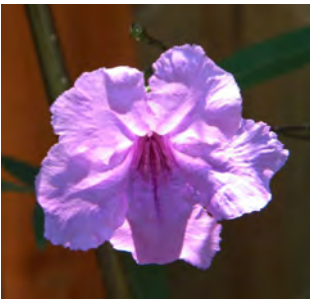
Black Eyed Susans,
Rudbeckia hirta ↑→↘



↑ Orange Cosmos, *Cosmos sulphureus*
↘ Purple Cosmos, *Cosmos bipinnatus*

Mystery Plant Solved!

The mystery plant posted in the last issue finally flowered, and it appears to be a California Poppy!



↑ Mexican Petunia (*Ruellia simplex*)
↘ That's one big black bumble bee!

Florida Styling

In late August through early September, I was in Jacksonville, Florida. While there, I saw some typical north Florida flora. The weather during this time was hot and quite humid!

Spanish moss, anyone? →

The common lizards were prolific this year! ↘

↘ *Idea what this flower is, but it's colorful.*

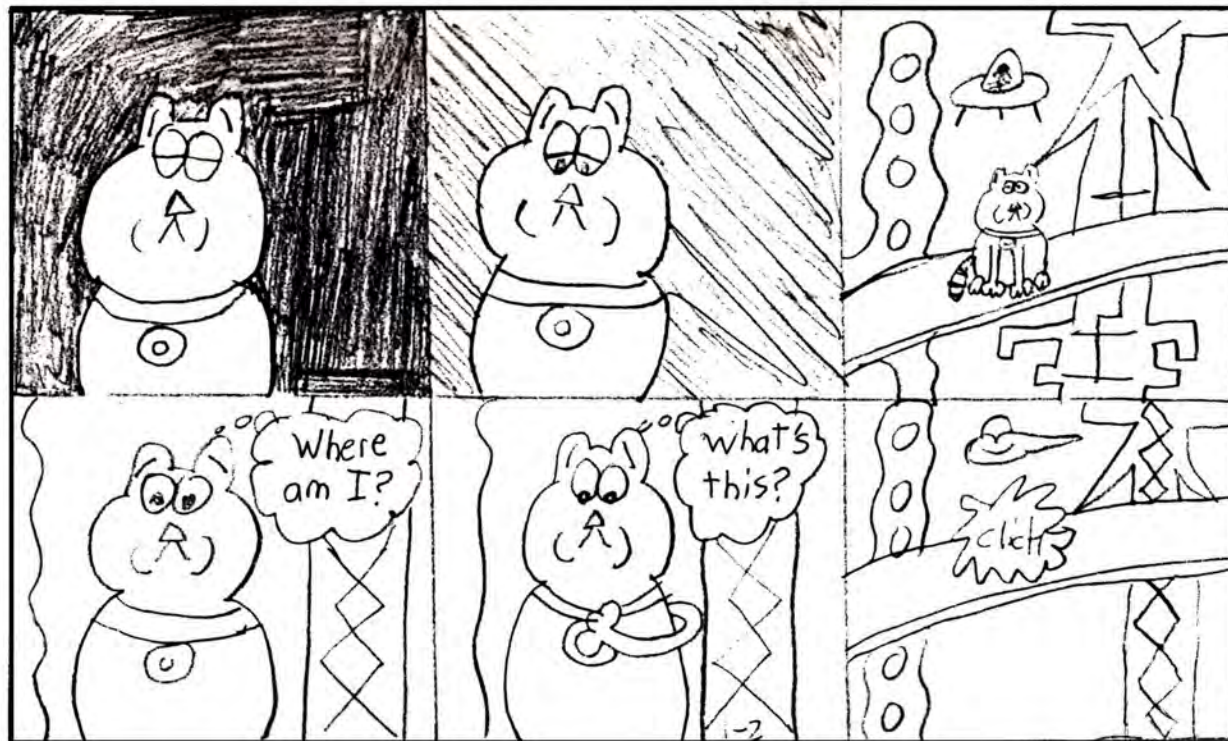


Fillmore Mini Series

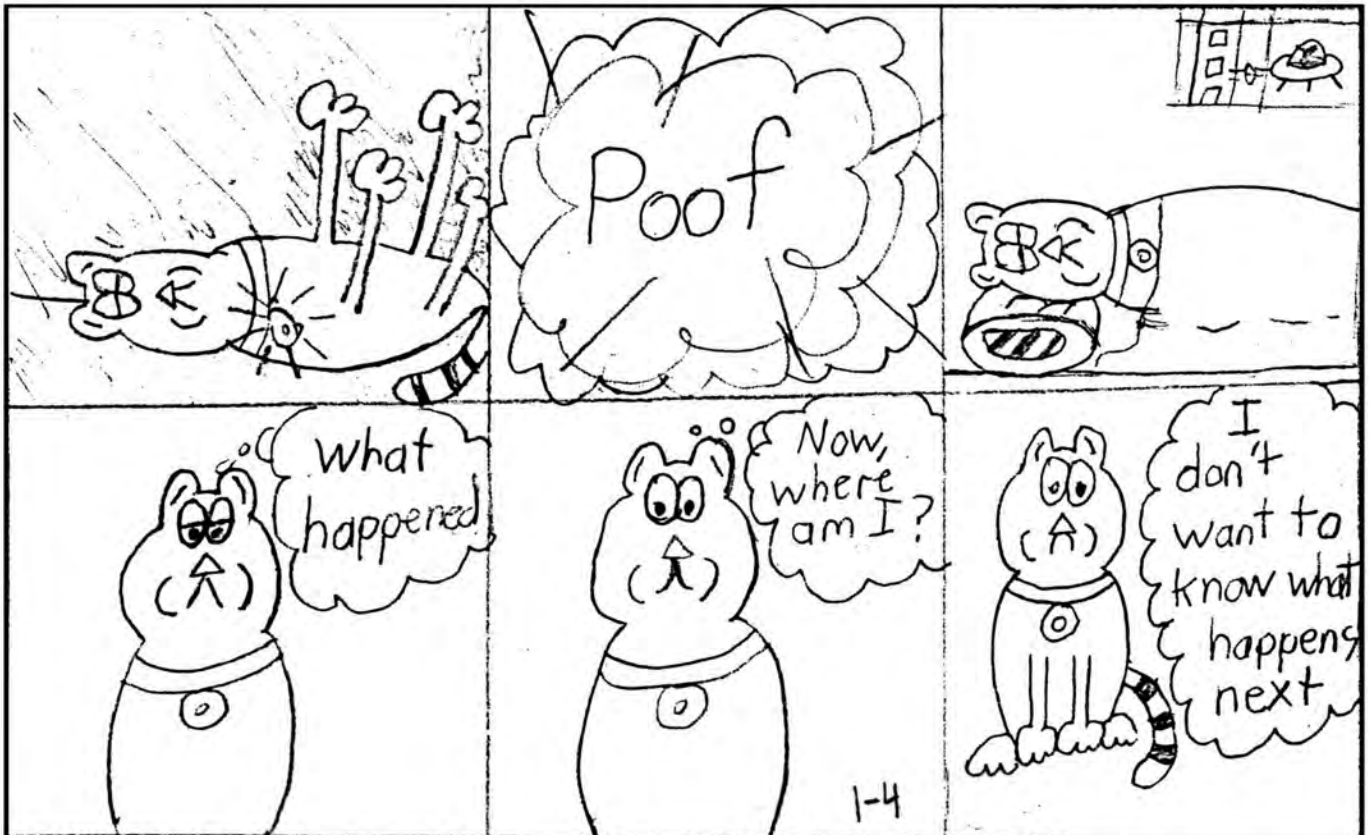
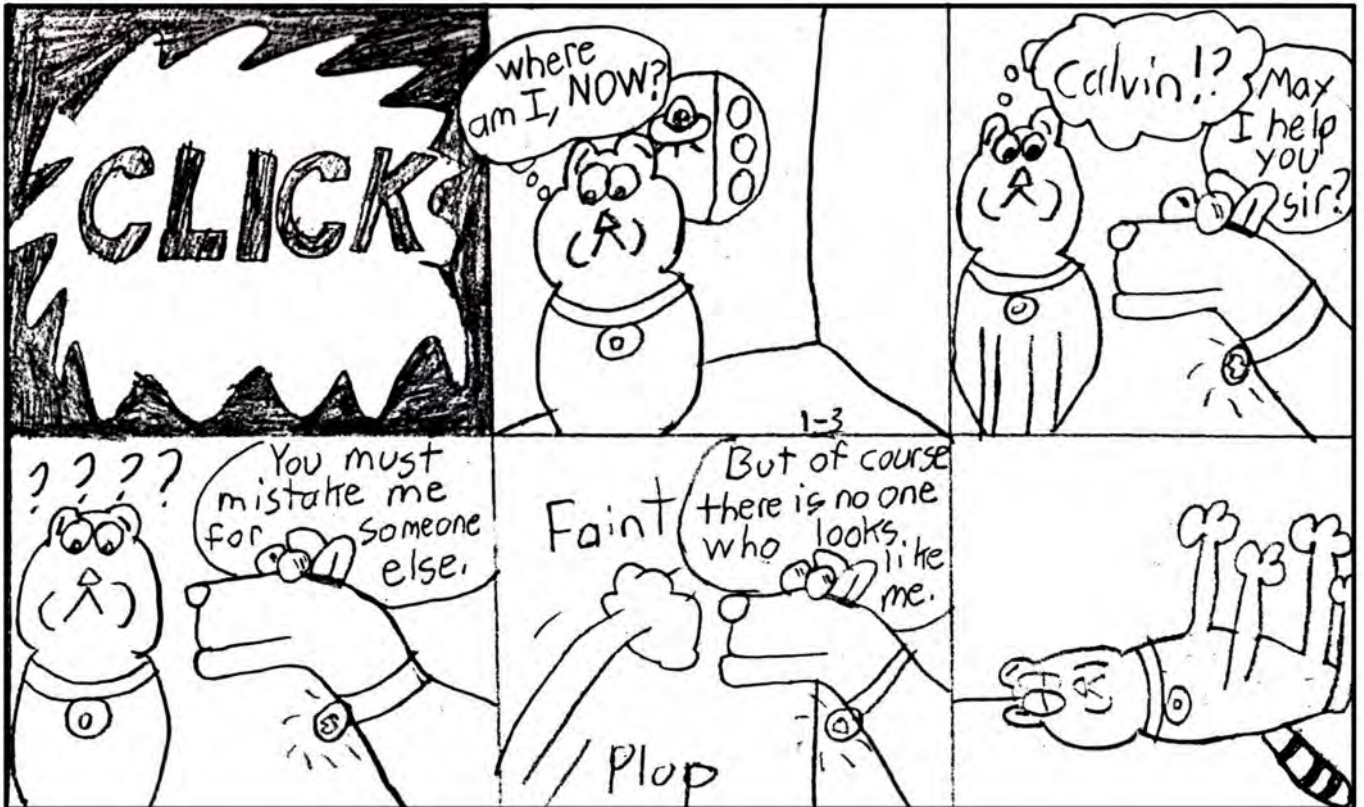


In this issue, I have for you a really special treat! Fillmore!
For those who don't know, Fillmore is a comic character I created in the mid 1980s. Fillmore is a cat, and I created other supporting characters like Chester (his brother), Ms. Daisy (their sister), and Calvin (a dog).

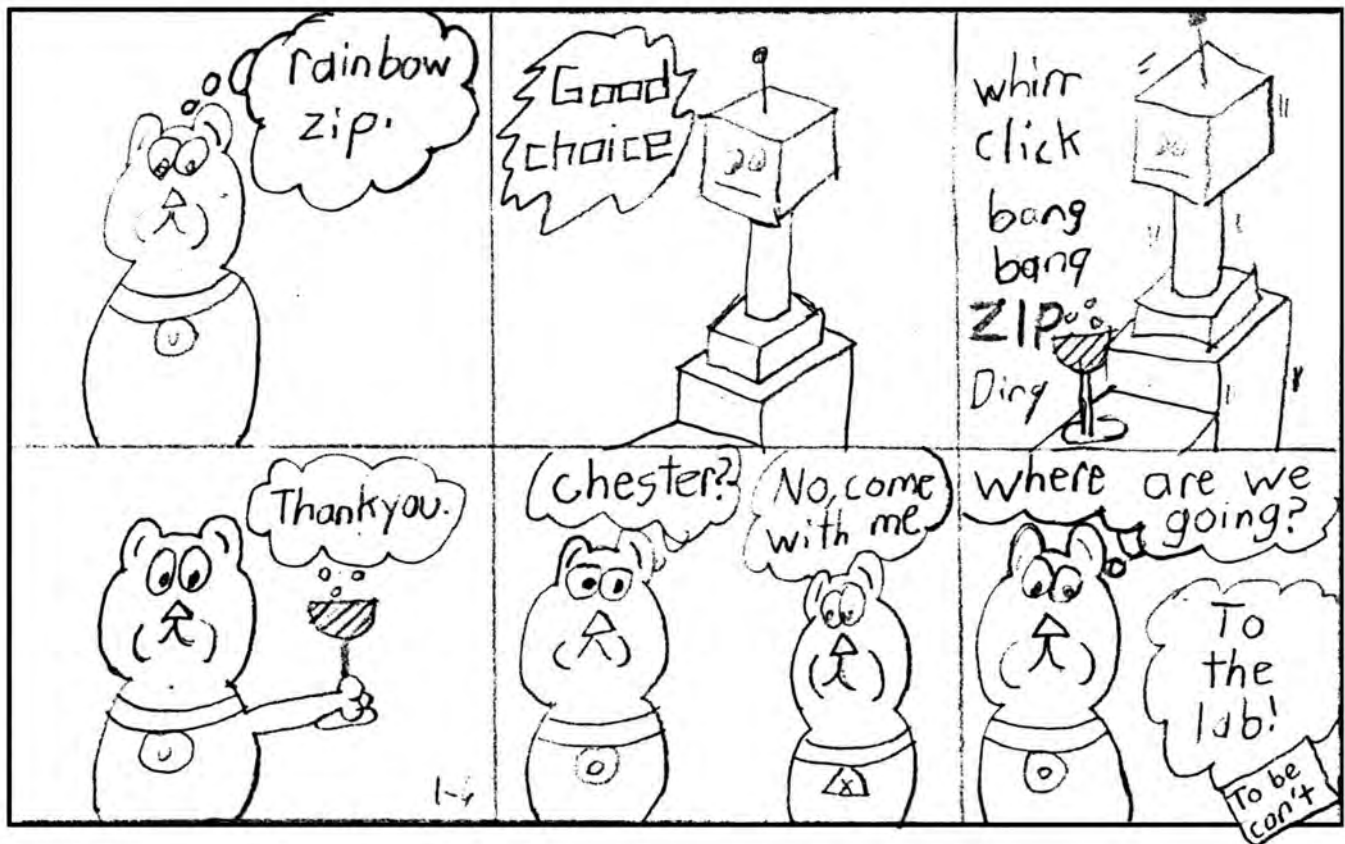
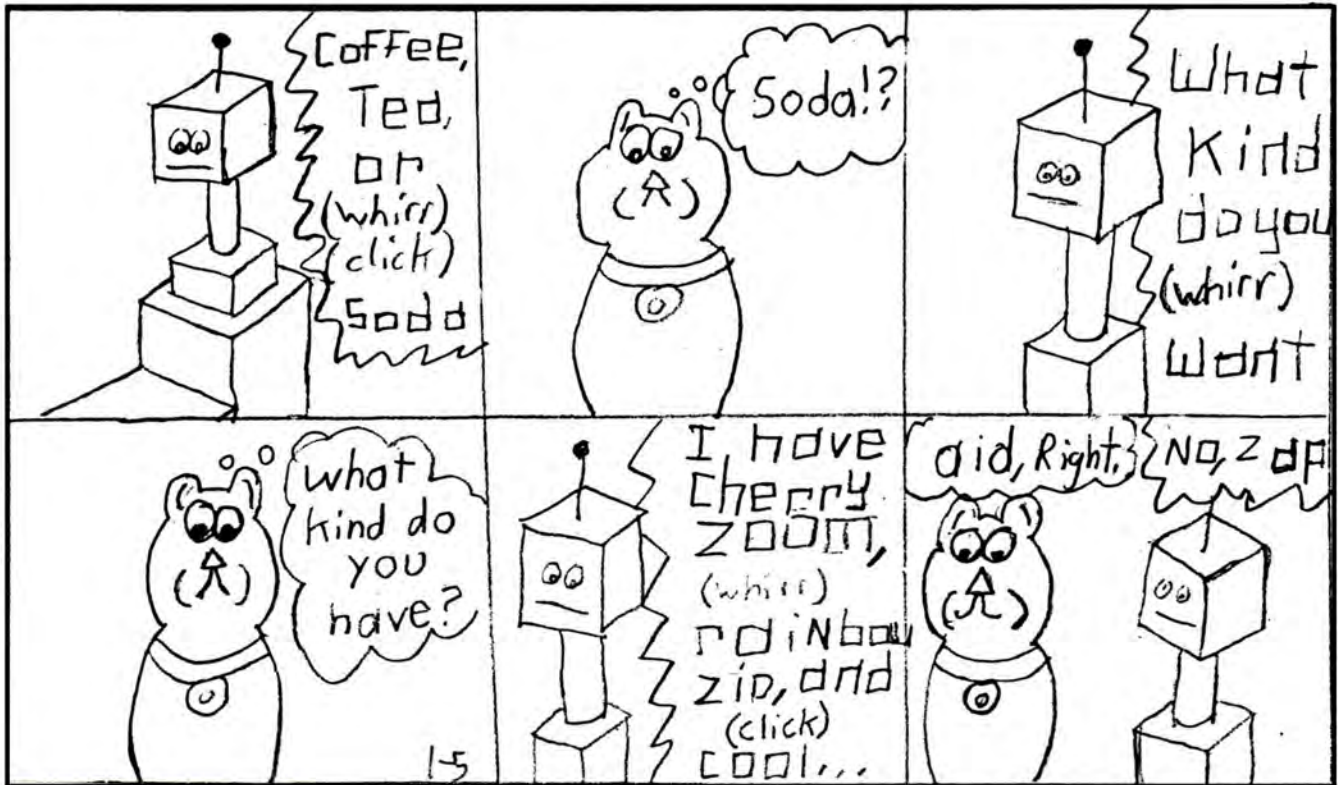
In the original de Stolfe Journal, October-November 1988, April 1989, and Winter 1993 issues, I had a series of comics I called a mini-series. Just special for this issue, THE ENTIRE MINI SERIES is in this issue of the de Stolfe Journal *Candid!* **ENJOY!!**



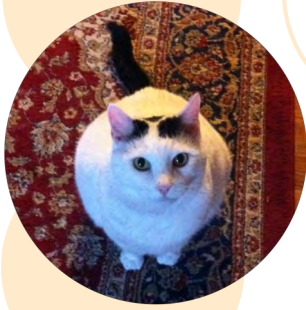
Fillmore Mini Series



Fillmore Mini Series



You Know You Want Them!



Panda

Just in time for Christmas, I have my de luxe cat toys! They are made from 100% acrylic yarn; a very high quality yarn made in Turkey. They average about 14" long with a puff ball on one end and a fixed loop on the other.

Currently, I have four colors available, and I might add additional colors later. The four colors available are: Brown Ombre, Jazz Stripe, Blue-White-Red,

and Nightwatch. (These are the actual color names of the yarns.)

I sell them for \$3.50 each, plus shipping for a total of about \$5.00 shipped. (Usually, I will add an additional one to each order: order one, get two; order two, get three; order three, get four; etc.).

Just email me or call me if you want some!

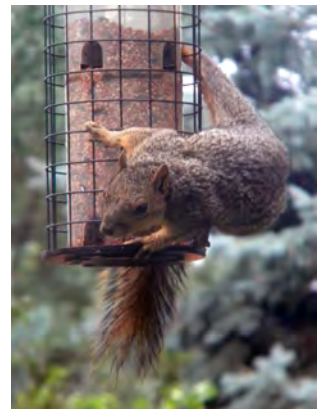
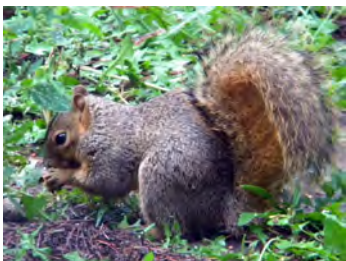


BUSTED!



Squirrel Report

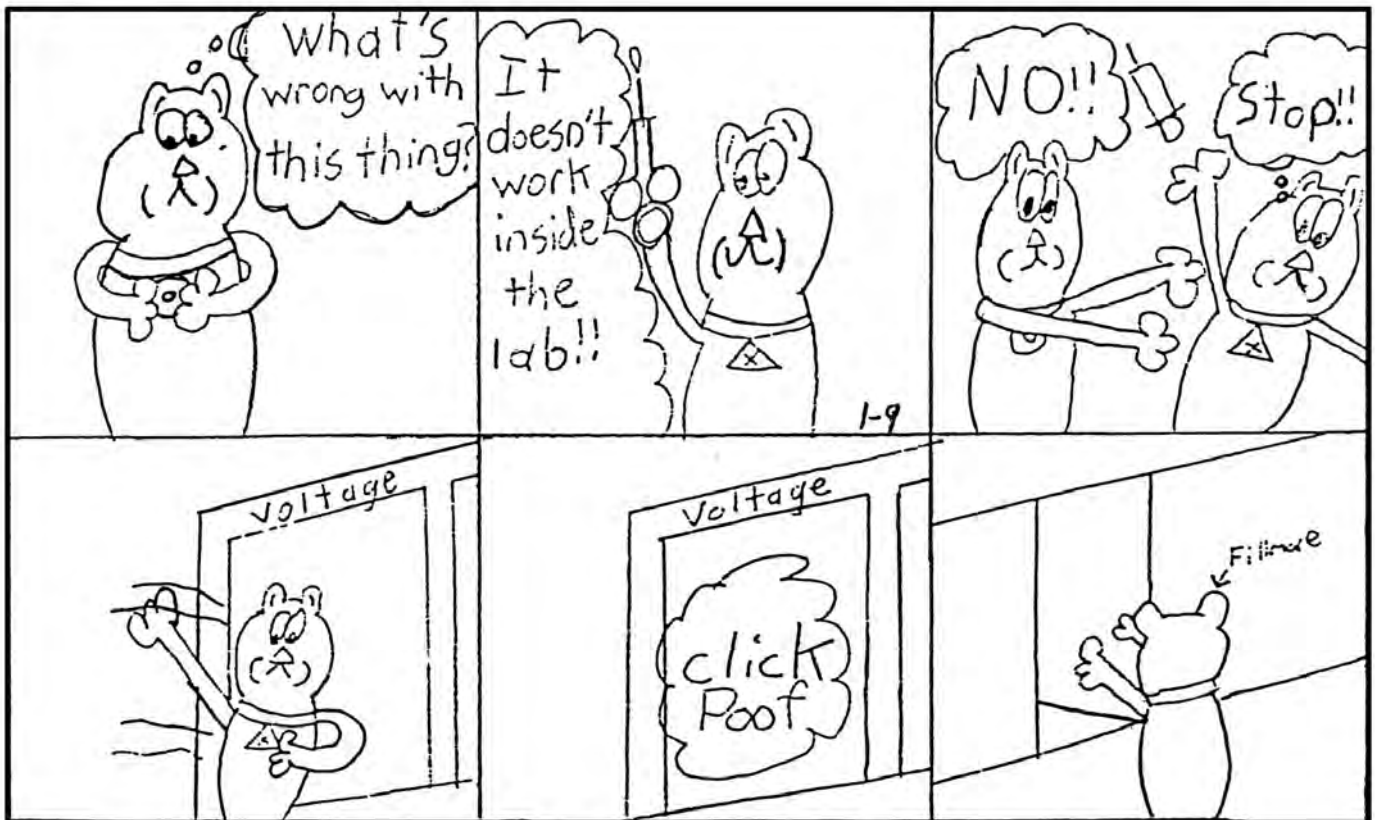
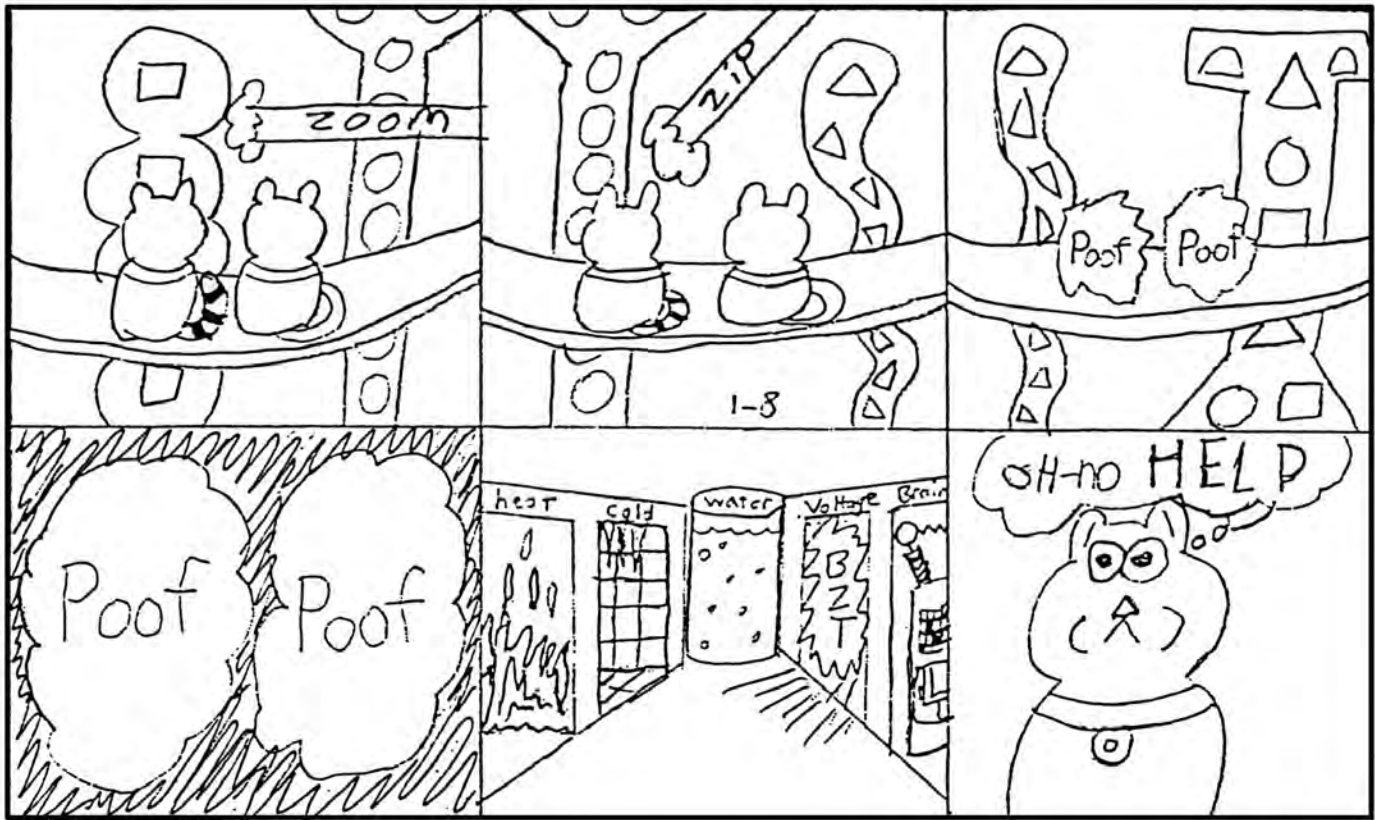
These photos copyright by Robert-George de Stolfe, 2013.



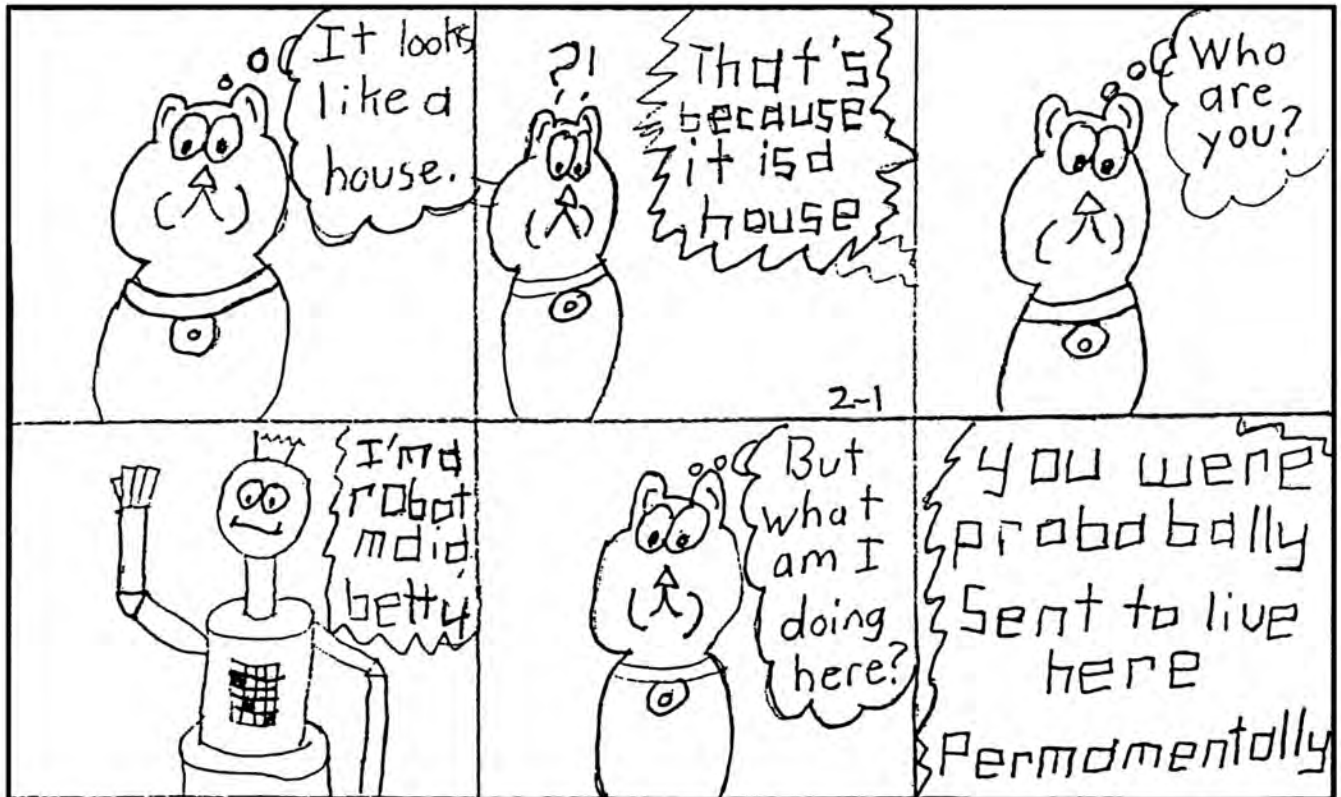
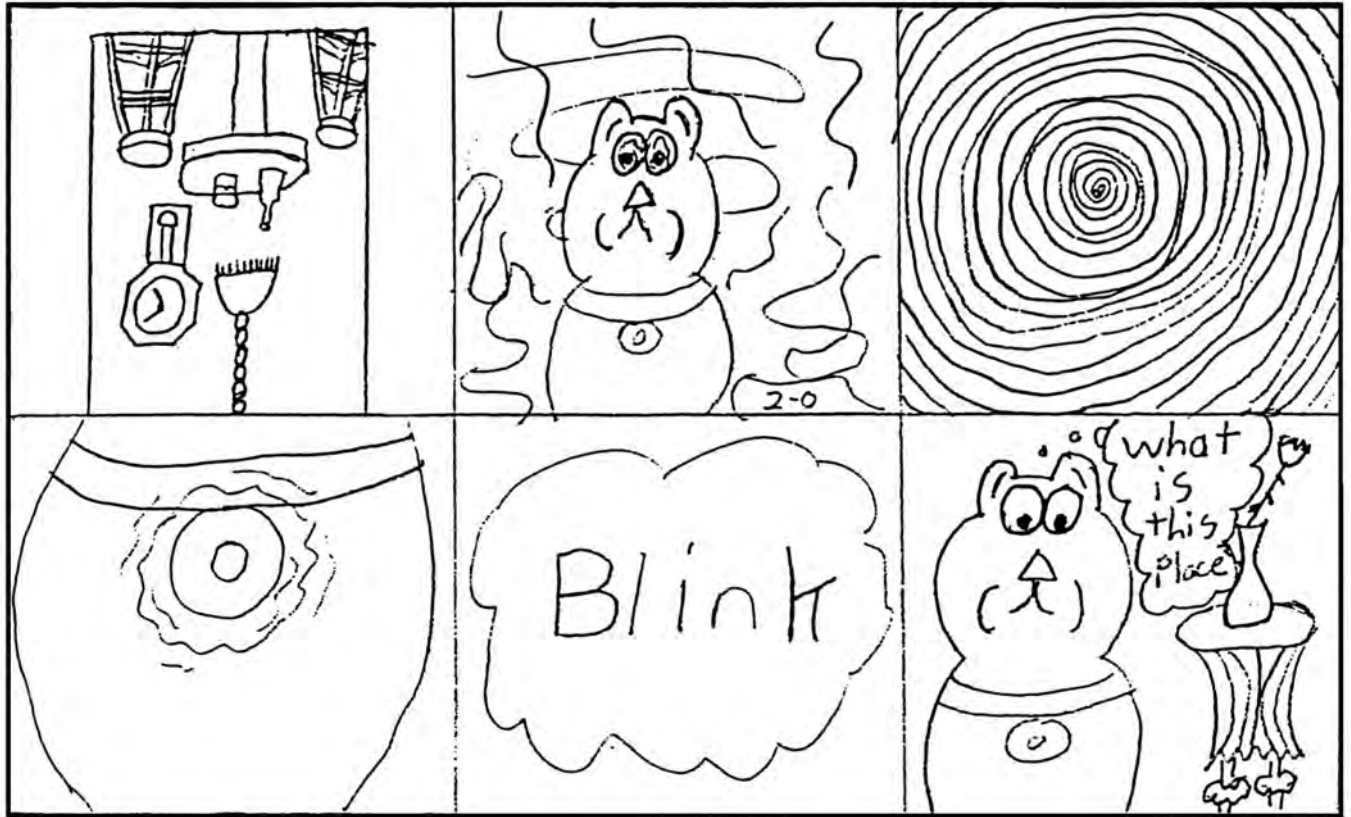
Fillmore Mini Series



de Stoffe Journal Candid



Fillmore Mini Series



HGTV Programs

If you have cable (or similar), you most likely have the HGTV channel. This channel is nearly 24 hours of home related programming, specifically covering real estate, home remodeling and updating, curb appeal updates, and plenty of before and after comparisons. Most of these shows appear to be based in Canada, but some are in the United States, except for the international real estate shows. I think the channel is based in Canada with the editing appearing to be by a Canadian company. Here's a sampling of the programs I've watched and particularly like.

Love It Or List It

By far, this show is my favorite! This show has two hosts and the dynamics between them is unbeatable! One host is Hilary Farr, who is a home designer while the other host is David Visentin, who is a realtor. The premise of the show is that a homeowner allows the hosts to compete by having Hillary remodel their home and David show other home options. In the end, the home owner decides whether to "love it" (keep their remodeled home) or to "list it" (buy one of the homes David showed and sell the newly remodeled home). In most cases, this is not an obvious choice for the homeowner (who are usually a couple with or without kids) and their decision is often surprising!

Love It Or List It, Too

Like the original show by similar name, this show is like the next generation with younger hosts. The designer is Jillian Harris and the realtor is Todd Talbot. They have much of the same dynamics with the premise of the show as with the original, but they do use updated technology like iPhones for communication and iPads for the floor plan designing.

Property Brothers

The premise of this show is that a pair of brothers help their clients who need to buy a home. These brothers are identical twins and the one brother, Drew Scott, is a real estate agent, while the other brother, Jonathan Scott, is a licensed contractor. The idea is that they will show a home buyer the home of their dreams, then show them the hefty price tag that goes with it. Instead, they try to convince the buyer to get a fixer-upper that Jonathan will fix up to be their dream house. Usually, the before and after photos are stunning!

Brother vs Brother

This is another show by Drew Scott and Jonathan Scott, except that the brothers are competing against each other. Each brother has a team of five people from different professions and each week over several weeks. Each team works on different houses each show and each week and only has a few days to complete the total renovation, which varies each week. Whichever house each week gains more value as decided by top real estate professionals wins that week, and one person leaves from the losing team as decided by the respective brother. By the end of the series of shows, one of the team members of the original ten will win \$50,000 and be named winner of that year! This appears that it will be an annual show.

House Hunters

This show does not have a host, proper, but instead follows along a property client and respective agent. The agent(s) show(s) several properties, and the client decides on three finalists that get shown in the show. In the end, they decide on one of them. The show then shows them some period of time after the purchase or rental and move in to see how they feel about their choice.

House Hunters International

Just like the other show by similar name, this show is international. The show follows a buyer from one country in the world to another country in the world where they want to live.

Income Property

Another variation of home remodeling, this show shows how to make a home pay for itself by creating an income suite. The host is Scott McGillivray, and he helps first time home buyers turn their purchase or existing house into an income generating home by having a rental suite. He helps search for a house if needed, but does not participate in the actual purchase, then he comes up with remodel ideas and contracts the work as well as participate and often have the owners participate. In the end, the income generated by the rental suite offsets some or even all of the mortgage, often with money left over to pocket!

Property Virgins

This real estate show is about first time home buyers, as the name suggests. The host is Egypt Sherrod, who is a realtor who acts as realtor, therapist, and advisor to the new buyer(s). She is excellent! She knows her stuff and is very professional, but very fun. She shows several options of houses in Atlanta, Georgia and surrounding areas. Not every show ends with a sale, but she makes certain that the buyer knows what they want and especially if they are not ready yet to buy one of the properties or if the timing is not yet right.

Flip Or Flop

This show gives insight to the wonderful, crazy world of flipping. Flipping is the act of buying a property, fixing it up, and reselling it for a profit. While this concept to me is not at all to my liking, this show is quite interesting to show the process of buying and especially of remodeling, and of showing to sell. The hosts are a married couple, Tarek and Christina (I'm not aware they are realtors, contractors, or any other professional of sorts). They have professionals do the remodeling, then sell, or try to sell, the finished house. That's where the flop comes in if a sale doesn't work out.

Curb Appeal

I've only watched a few of these shows, but it seem interesting. Based mostly in California, the host, John Gidding, focuses on one house to completely redo the front curb appeal of the house. If needed, the façade of the house is redone with new concrete put in, but much of the change is with fences, plants, and paint color. Now, he doesn't stop there! He chooses a select few neighbors and makes some select changes to the neighboring houses, so it ends up being a neighborhood upgrade!

Many of the hosts of these shows also have or had other shows on this channel based on some other concept. This channel has many programs.

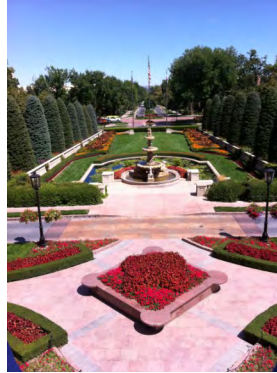
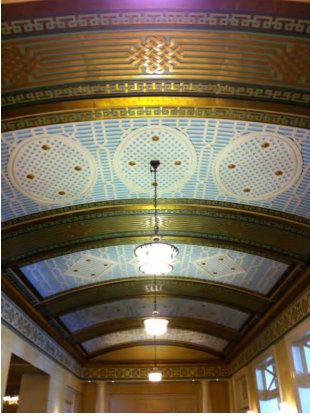
For more information on these shows and many more on the HGTV channel, go to:

www.hgtv.com

BROADMOOR Visit

On August 26, 2013, Dad and I took an impromptu visit to the Broadmoor Hotel in Colorado Springs since neither of us had actually been in the hotel. This hotel opened in 1918, which explains the general Art Deco styling of the building and the interiors. This hotel is rated five stars by Forbes

Travel Guide and 5 diamonds by AAA. Just walking through the lobby and the grounds, you can see the history and the luxury. While luxury today is quite different from the concept of luxury 100 years ago, you can still get a sense of high quality while walking around.



All Pickled

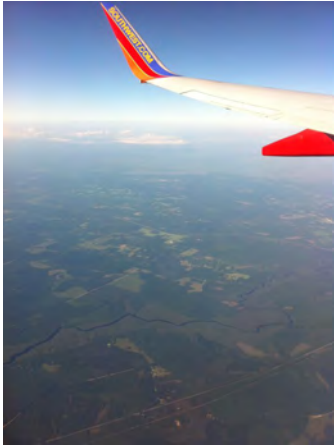
Just because I wanted to, I bought a package of pickling mix and some cucumbers to make pickles! These are refrigerator pickles, and don't require the whole sterilization and boiling routine. Of course, these are not meant to last all winter either. I made large chips, spears, and a few chunks.



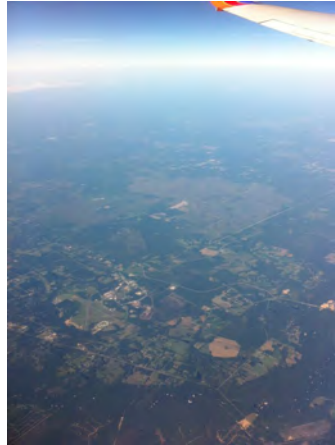
Airplane Visions

Airplane, jet, air bus, cloud shooter, whatever you want to call it, it's that strange metal bird-like thing that makes a loud noise way up in the sky where you wonder how anything can get that high! My flight to Florida was on Southwest Airlines. Going out, I had to change planes in Nashville, Tennessee.

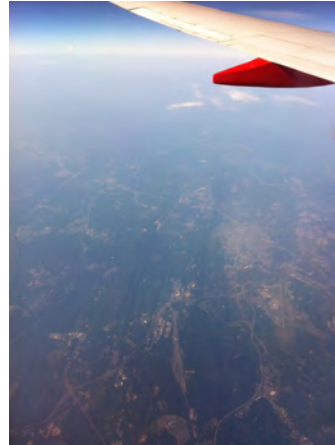
However, going back, I had a non stop flight. Just for fun, I took pics with my iPhone in somewhat regular intervals from Jacksonville, Florida to Denver, Colorado (and yes, during the allowed times to use electronic devices!). I wanted to see how the landscape changed along the way.



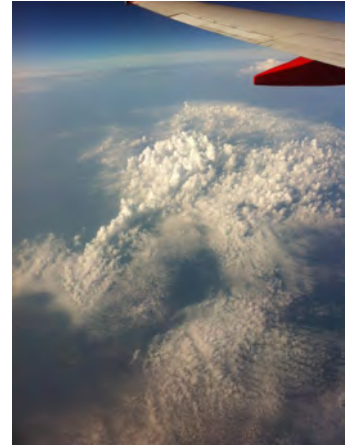
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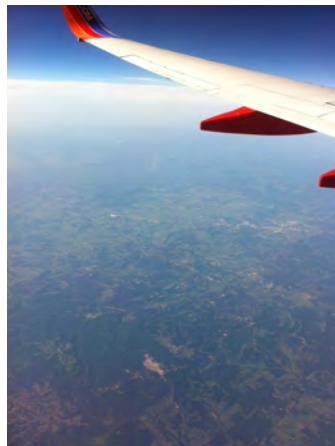
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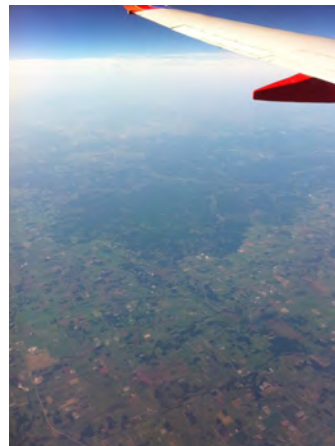
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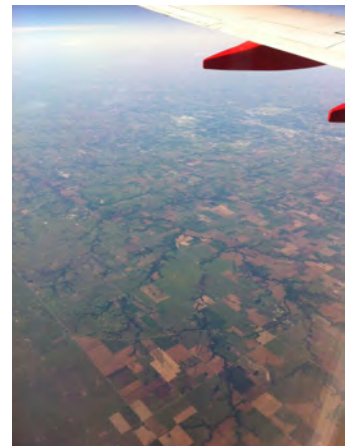
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11:05 AM ET



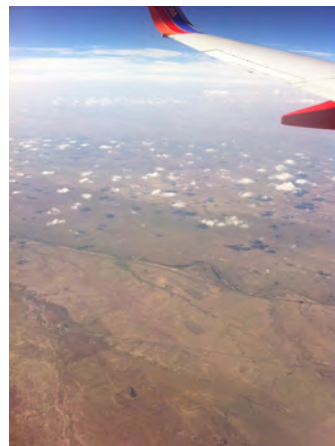
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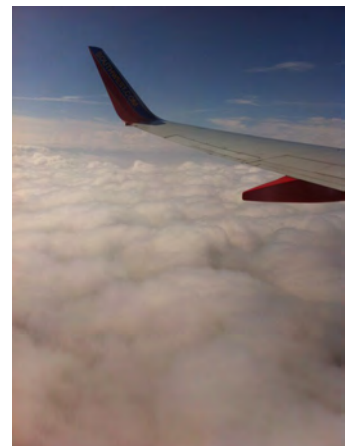
11:37 AM ET



11:57 AM ET



12:22 PM ET



12:35 PM ET

Coffee . Café . Caffè . кофе . Kaffee . καφές

English

French

Italian

Russian

German

Greek

In previous issues, I brought you statistics of who drinks the most coffee and who produces the most coffee beans. Now, see how to make drinks with coffee! This list shows the common coffee drinks

using espresso. Espresso, is a type of brewed coffee that is strong and condensed using a special brewer that uses pressure to heat the water and quickly push that water through finely ground beans.

You can buy this poster (an older version) and other variations of this poster (of coffee drinks) as produced by www.orbitvisual.com.

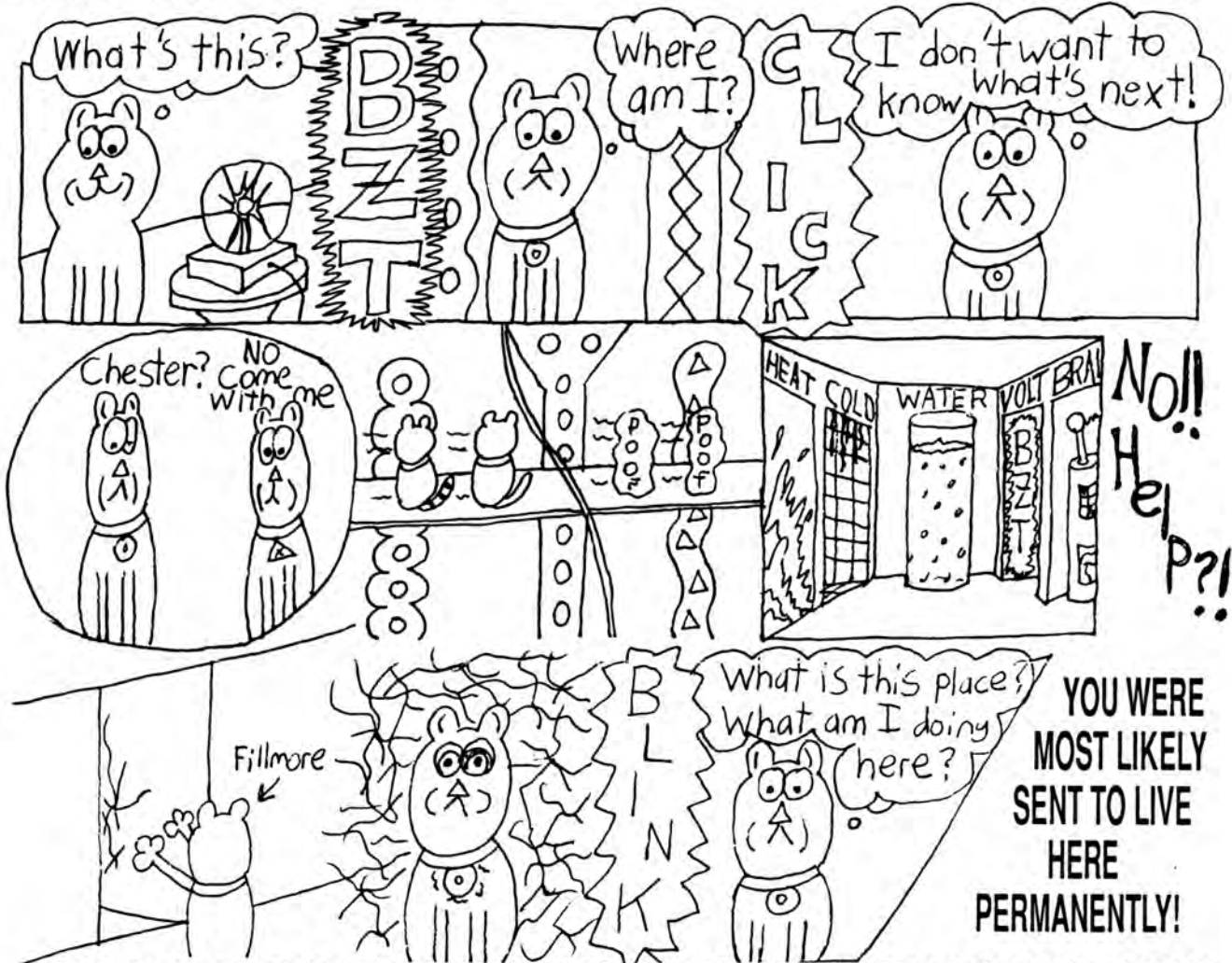
ESPRESSO FIELD GUIDE

A VISUAL REFERENCE FOR INGREDIENT RATIOS

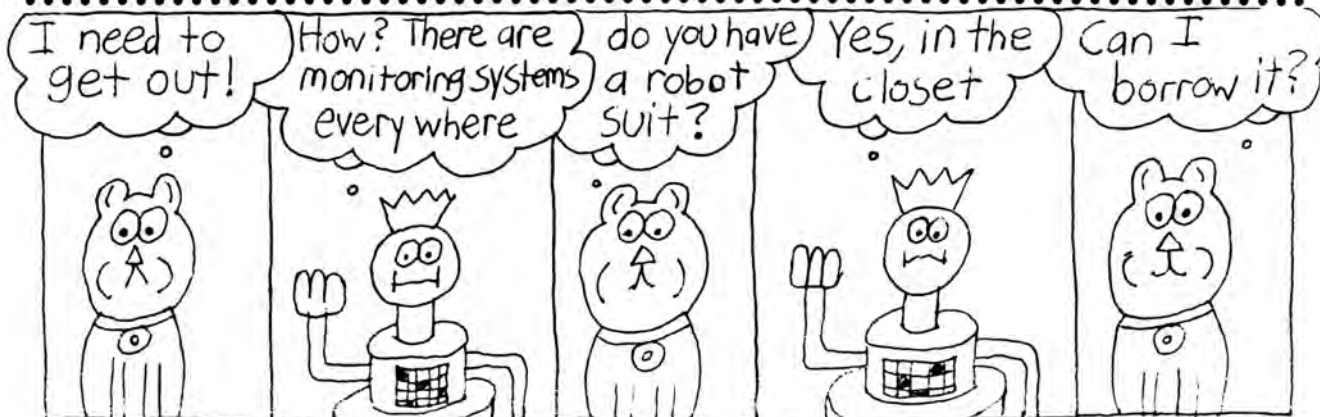
 <p>ESPRESSO</p>	 <p>ESPRESSO DOPPIO</p>	 <p>RISTRETTO</p>	 <p>LUNGO</p>
 <p>CAFÉ MACCHIATO</p>	 <p>CAFÉ CREME</p>	 <p>CAFÉ NOISETTE</p>	 <p>CAFÉ CORTADO</p>
 <p>CAPPUCCINO</p>	 <p>DRY CAPPUCCINO</p>	 <p>CAFÉ AMERICANO</p>	 <p>CAFÉ CON HIELO</p>
 <p>BREVE</p>	 <p>MOCHA BREVE</p>	 <p>MOCHA</p>	 <p>CAFÉ AFFOGATO</p>
 <p>VIENNOIS</p>	 <p>CON PANNA</p>	 <p>FLAT WHITE</p>	 <p>BLACK EYE</p>
 <p>CAFÉ LATTE</p>	 <p>CAFÉ AU LAIT</p>	 <p>CAFÉ CON LECHE</p>	



FILLMORE BY: RG de STOLFE WHEN WE LAST SAW FILLMORE...



...AND NOW THE CONCLUSION OF THE MINI-SERIES



Fillmore Mini Series

